

	SUBJECT	DURATION	STUDY PATH	LOCATION	DATE / TIME	COMPLETION
NOVEMBER / DECEMBER	Foundations of Health and Wellness Coaching (Level 1)	6-8 hours	Coaching Study Path	Self Study, Online Video program	Access provided from the time of enrolling in the course and selecting the online format.	Prior to the start of Coaching Level 2 unit.
	Foundations of Health and Wellness Coaching (Level 2)	2 x 3.5 hour webinars + post webinar activities and assessment (2 hours)	Coaching Study Path	Trainer led 'live' webinars (zoom)	<ul style="list-style-type: none"> <li>• Saturday, 7 December</li> <li>• Sunday, 8 December</li> </ul> Time 9am – 12:30pm ADST (Melb/Syd time) daily	Prior to the start of Coaching Level 3 unit commencing February 2025.
<b>STUDY BREAK</b>						
FEBRUARY - JUNE	Advanced Skills and Practice in Health and Wellness Coaching (Level 3)	16 weeks (approx. 8-10 hours a week)	Coaching Study Path	Blended Learning: Self study online, 'live' group webinars, peer to peer practical activities including a case study coach client. Private feedback and mentoring sessions.	Commences 17 <sup>th</sup> February and ends 6 <sup>th</sup> June 2025. <ul style="list-style-type: none"> <li>• 7 x 90 minute webinar sessions held at 7.00pm ADST on specific Wednesday's during the course</li> <li>• 4 x 3 ½ hr webinar sessions held at 9.00am ADST on specific Saturday's during the course</li> </ul> <a href="#">Click here to view the detailed week by week Coaching Level 3 February 2025 timetable.</a>	Guide: June 30, 2025  At the latest October 31, 2025.



**BELOW IS THE BUSINESS ELECTIVE, WHICH IS AN OPTIONAL ADD ON FOR AN ADDITIONAL \$860.**

Ideal if you are looking to setup a coaching business and need this guided mentoring to create and build your business plan.

<b>MAY - AUGUST</b>	<b>Passion to Profit - Group Business Coaching Program</b>	12 weeks (approx. 48 hours)	Business Study Path	Blended Learning: Self study online, 'live' group webinars, LinkedIn support group	Course commences Tuesday 27th May 2025.  Fortnightly live webinars held Tuesday evenings – 7pm Sydney  <ul style="list-style-type: none"> <li>• Tuesday, 27 May 2025</li> <li>• Tuesday, 10 June 2025</li> <li>• Tuesday, 24 June 2025</li> <li>• Tuesday, 8 July 2025</li> <li>• Tuesday, 22 July 2025</li> <li>• Tuesday, 5 August 2025</li> </ul>	August 31, 2025