

	SUBJECT	DURATION	STUDY PATH	DELIVERY FORMAT	LIVE TRAINING DATES / TIMES	COMPLETION
JUNE	<b>Foundations of Health and Wellness Coaching</b> (Level 1 and 2)	12-14 hours <ul style="list-style-type: none"> <li>• 8 hours self study</li> <li>• 3.5 hour webinar</li> <li>• 1.5 hour post webinar assessment</li> </ul>	Health Coaching Skills and Practice	Blended learning: <ul style="list-style-type: none"> <li>• Self Study, Online Videos</li> <li>• Trainer led 'live' webinar (zoom)</li> </ul>	Saturday 13 <sup>th</sup> June 2026  9am – 12:30pm ADST (Melb/Syd time)	Guide: June 22, 2026
JUNE - OCTOBER	<b>Advanced Skills and Practice in Health and Wellness Coaching</b> (Level 3)	16 weeks approx. 10 hours/wk	Health Coaching Skills and Practice	Structured 16 week timetable with drip fed modules every 2-3 weeks based on the timetable.  Blended Learning: Self study online, 'live' group webinars, peer to peer practical activities including a case study coach client. Private feedback and mentoring sessions.	Commences 22 <sup>nd</sup> June 2026 and ends 9 <sup>th</sup> October 2026.  <a href="#"><u>Click here to view the detailed week by week Coaching Level 3 June 2026 timetable.</u></a> <ul style="list-style-type: none"> <li>• 10 x 90 minute webinar sessions held at 6.30pm AEST (Syd local) on specific Wednesday's during the course</li> <li>• 4 x 3 ½ hr webinar sessions held at 9.00am AEST (Syd local) on specific Saturday's during the course</li> </ul>	Guide: October 31, 2026  At the latest December 31,2026.
JULY	<b>The Art and Science of Mental Wellbeing</b>	approx. 30 hours	Health Studies for Holistic Wellbeing	Self-study, Online program	n/a (self-paced learning)	Guide: July 31, 2026

**PROFESSIONAL CERTIFICATE IN HEALTH AND WELLNESS COACHING**

**WELLNESS COACHING AUSTRALIA**

**JUNE 2026 INTAKE – FAST TRACK STUDY TIMETABLE**



WELLNESS  
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<b>AUGUST</b>	<b>Nutrition Essentials and Gut Health to Fuel Wellness</b>	approx. 30 hours	Health Studies for Holistic Wellbeing	Self-study, Online program.	n/a (self-paced learning)	Guide: August 31, 2026
<b>SEPTEMBER</b>	<b>Movement and Exercise for Living Well</b>	approx. 20 hours	Health Studies for Holistic Wellbeing	Self-study, Online program.	n/a (self-paced learning)	Guide: September 30, 2026
<p><b>BELOW IS THE BUSINESS ELECTIVE, WHICH IS AN OPTIONAL ADD ON FOR AN ADDITIONAL \$860.</b>                  Ideal if you are looking to setup a coaching business and need this guided mentoring to create and build your business plan.</p>						
<b>SEPTEMBER - DECEMBER</b>	<b>Passion to Profit - Group Business Coaching Program</b>	12 weeks (approx. 48 hours)	Business Elective	Blended Learning: Self study online, 'live' group webinars, LinkedIn support group	Course commences 22 <sup>nd</sup> September 2026.  Fortnightly live webinars held Tuesday evenings – 7pm Sydney.  Tuesday, 22 September 2026 Tuesday, 6 October 2026 Tuesday, 20 October 2026 Tuesday, 3 November 2026 Tuesday, 17 November 2026 Tuesday, 1 December 2026	